# Seychelles

# Global Youth Tobacco Survey (GYTS)



FACT SHEET . . . . . . . . . . . . .

The Seychelles GYTS includes data on prevalence of cigarette and other tobacco use as well as information on five determinants of tobacco use: access/availability and price, environmental tobacco smoke exposure (ETS), cessation, media and advertising, and school curriculum. These determinants are components Seychelles could include in a comprehensive tobacco control program.

The Seychelles GYTS was a school-based survey of students in S1-S4 conducted in 2002. A two-stage

cluster sample design was used to produce representative data for all of Seychelles. At the first stage, schools were selected with probability proportional to enrollment size. At the second stage, classes were randomly selected and all students in selected classes were eligible to participate. The school response rate was 100%, the student response rate was 90.8%, and the overall response rate was 90.8%. A total of 1320 students participated in the Seychelles GYTS.

#### **Prevalence**

49.3% of students had ever smoked cigarettes (Male = 56.4%, Female = 42.9%)

30.2% currently use any tobacco product (Male = 36.0%, Female = 24.5%)

26.2% currently smoke cigarettes (Male = 31.3%, Female = 21.7%)

11.6% currently use other tobacco products (Male = 15.8%, Female = 7.2%)

16.4% of never smokers are likely to initiate smoking next year

### **Knowledge and Attitudes**

40.4% think boys and 20.0% think girls who smoke have more friends 15.2% think boys and 10.5% think girls who smoke look more attractive

## **Access and Availability - Current Smokers**

20.7% usually smoke at home

24.3% buy cigarettes in a store

73.9% who bought cigarettes in a store were NOT refused purchase because of their age

#### **Environmental Tobacco Smoke**

43.8% live in homes where others smoke in their presence

60.0% are around others who smoke in places outside their home

61.9% think smoking should be banned from enclosed public places

57.1% think smoke from others is harmful to them

31.9% have one or more parents who smoke

12.5% have most or all friends who smoke

#### **Cessation - Current Smokers**

76.1% want to stop smoking

76.4% tried to stop smoking during the past year

66.7% have ever received help to stop smoking

# **Media and Advertising**

89.2% saw anti-smoking media messages, in the past 30 days

74.9% saw pro-cigarette ads on billboards, in the past 30 days

64.0% saw pro-cigarette ads in newspapers or magazines, in the past 30 days

19.1% have an object with a cigarette brand logo

9.1% were offered free cigarettes by a tobacco company representative

#### School

57.4% had been taught in class, during the past year, about the dangers of smoking

40.9% had discussed in class, during the past year, reasons why people their age smoke

53.6% had been taught in class, during the past year, the effects of tobacco use

# **Highlights**

- 30% of students currently use any form of tobacco; 26% currently smoke cigarettes; 12% currently use some other form of tobacco.
- ETS exposure is high 4 in 10 students live in homes where others smoke in their presence; 6 in 10 are exposed to smoke in public places; 3 in 10 have parents who smoke.
- Over half of students think smoke from others is harmful to them.
- Over 6 in 10 think smoking should be banned from enclosed public places.
- Over 7 in 10 smokers want to quit.
- Almost 9 in 10 students saw antismoking media messages in the past 30 days; 7 in 10 students saw pro-cigarette ads in the past 30 days.